

Officiating Ohio High School Wrestling

Contributions by :

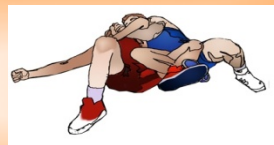
Ohio High School Athletic Association

Ohio Wrestling Officials Association

National Association of Sports Officials

*National Federation of State
High School Associations*

Unit 8





Objectives—Unit 8

Understanding the penalty framework

Definition of match

Penalizing the wrestler...

During match

Before / after match

Penalizing the coach or team bench...

During match

Before / after match





Objectives—Unit 8

Penalizing false start/illegal starting position

Defining technical violations

Defining unnecessary roughness

Defining potentially dangerous

Potentially dangerous holds





Objectives—Unit 8

Assessing illegal holds

Defining unsportsmanlike conduct

Defining coaching misconduct

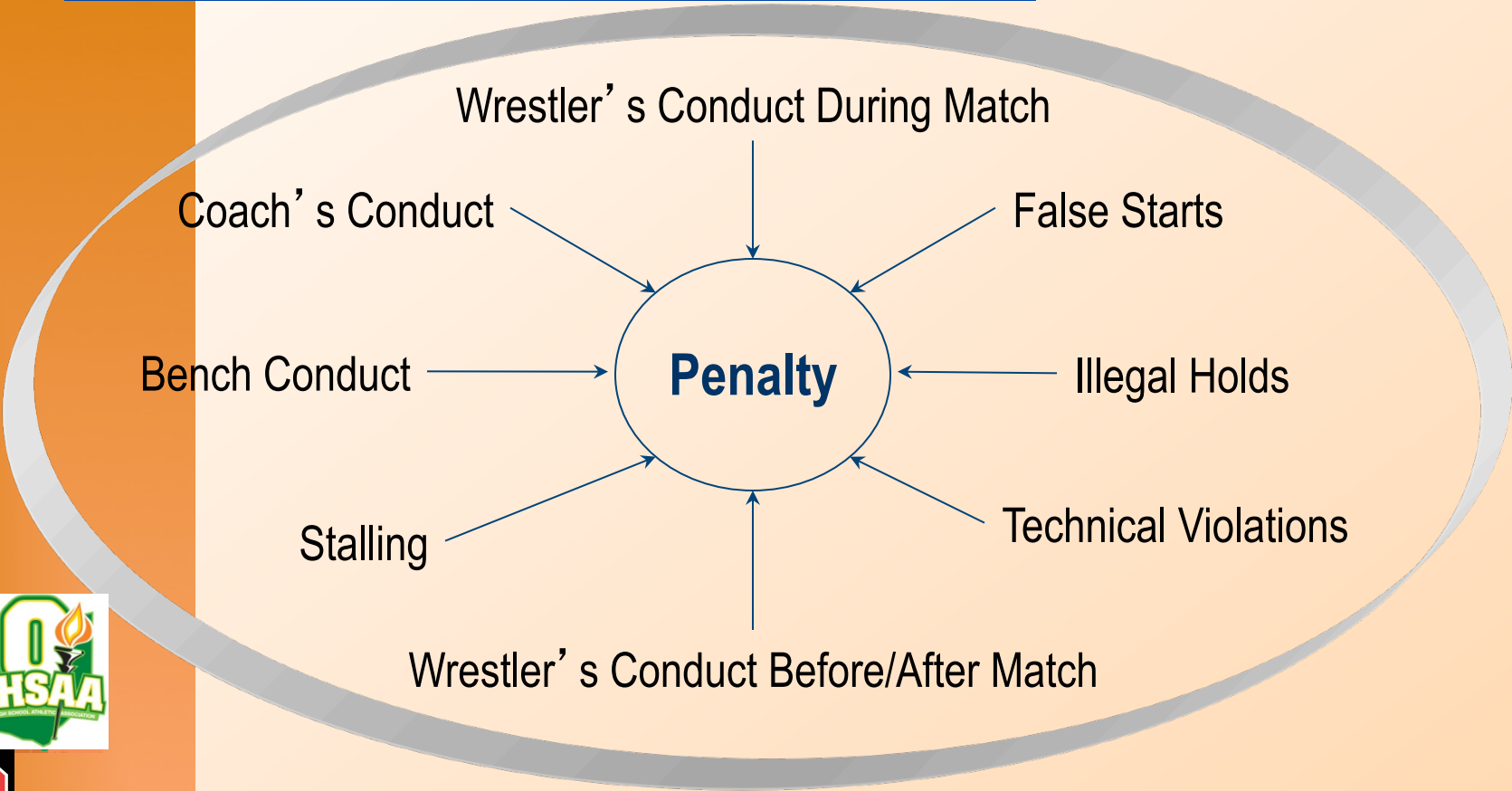
Defining flagrant misconduct

When to stop a match to penalize





Framework





A Match

From when the wrestlers report to when ...

- Time expires at end of 3rd period
- Overtime ends
- Fall terminates the match
- Tech fall
- Disqualification/default



PENALIZING...



During The Match

Coaches / Bench

- Misconduct
- Unsportsmanlike Conduct
- Flagrant Misconduct

Contestants

- Illegal Holds
- Technical Violations
- Unnecessary Roughness
- Unsportsmanlike Conduct
- Flagrant Misconduct
- False Starts
- Stalling





Before/After The Match

Coaches / Bench

- Unsportsmanlike Conduct
- Flagrant Misconduct

Contestants

- Unsportsmanlike Conduct
- Flagrant Misconduct





Match Penalties

Infractions:

Illegal holds

Technical violations

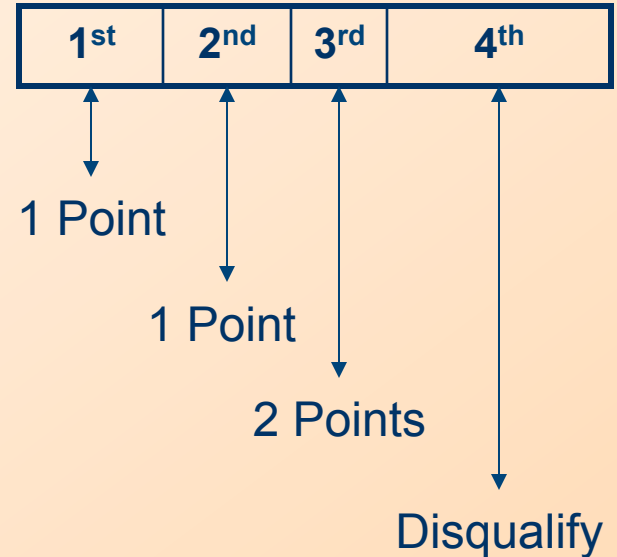
Stalling (after warning)

Unnecessary roughness

Unsportsmanlike conduct-match

Not properly equipped

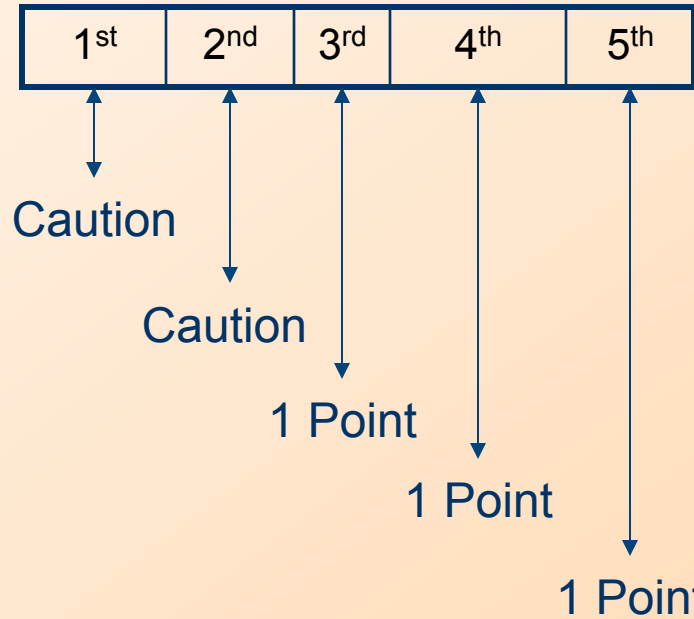
Penalty Award Sequence





False Starts

Penalty Award Sequence





Unsportsmanlike Conduct

Before/During/After Match

Baiting

Swearing

Throwing equipment

Indicating displeasure w/ call

Failing to follow official's direction

Dropping shoulder straps on mat

Clearing nose/spitting w/o proper receptacle





Unsportsmanlike Conduct

Before/During/After Match

Taunting

Pushing / Shoving

Misuse of injury time

Failure to follow end of match procedure

Repeatedly dropping to a knee to break hold

A forceful slap to the face or head during the match

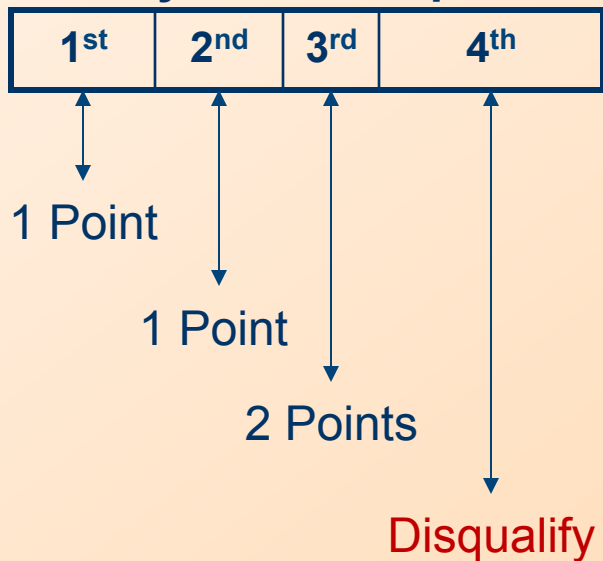




Unsportsmanlike Conduct

During Match

Penalty Award Sequence





Unsportsmanlike Conduct

Interfere with orderly progress of match before, during and after the match...

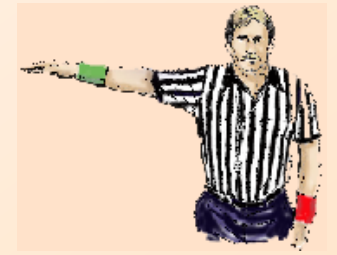
Taunting

Acts of disrespect

Bench decorum rule, 7-5-2

Actions inciting negative reaction by others



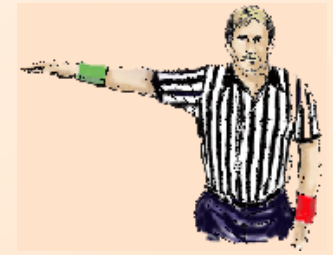


Unsportsmanlike Conduct

The head coach is not penalized when wrestlers report to the scorer's table not in proper uniform, not properly groomed, not properly equipped or not ready to wrestle.

The penalty is only on the wrestler





Unsportsmanlike Conduct

Before/After Match
Coach, Team Personnel....

Penalty Sequence



Deduct 1
team point

Deduct **2** team points.
Remove from premises for
remainder of event





Coach Misconduct

A conference is requested regarding...

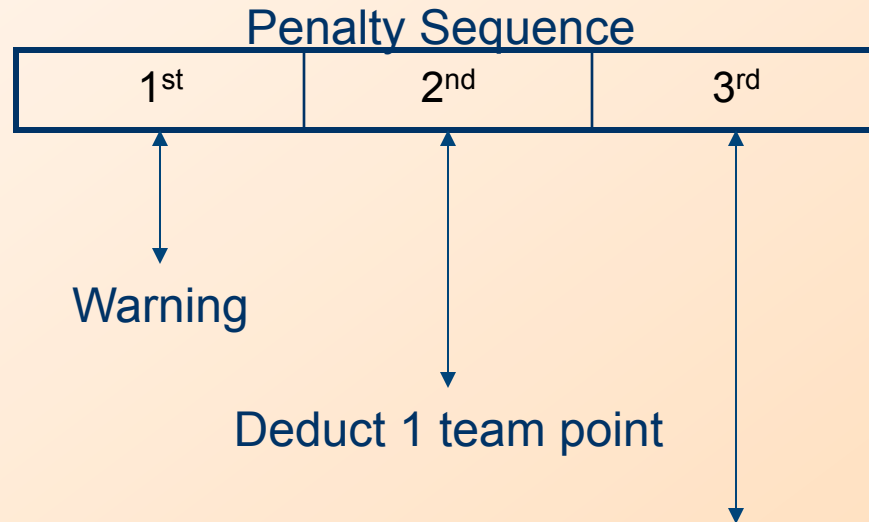
A judgment call, OR

Misapplication of rule & there is none



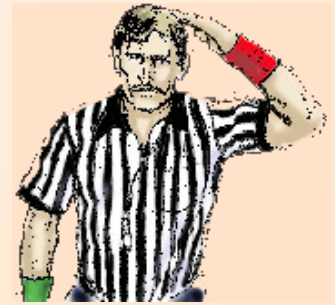


Coaching Misconduct





Flagrant Misconduct



Before/During/After Match

Physical / nonphysical acts serious enough to disqualify...

Striking

Kicking

Butting

Biting

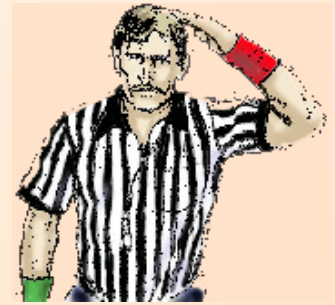
Elbowing

Use of tobacco





Flagrant Misconduct



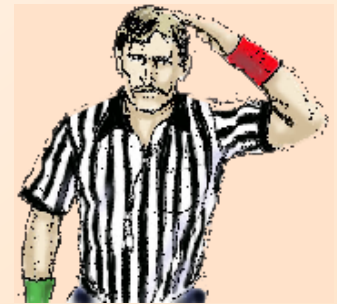
Before/During/After Match...

**Acts serious enough to remove
from premises**





Flagrant Misconduct



Penalty Sequence

1st

Deduct 3
team points

Coach
Remove from premises
for remainder of event.

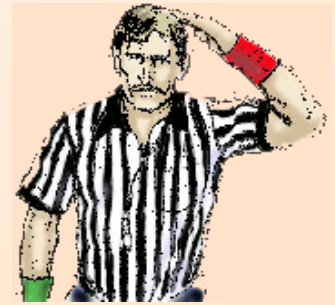
Wrestler

Deduct all points earned.
Remove from premises
for remainder of event.
If no adult supervision,
confine to bench.





Flagrant Misconduct



File report with OHSAA & school(s)

Phone Principal on 1st school day following match: 48 hrs. to complete verbal contact when school resumes

Recommendation: Copy bout sheet to provide details, names, situation, etc.





Unnecessary Roughness



Exceeding normal aggressiveness...

Forceful trip

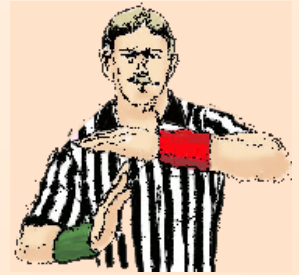
Forceful application of a crossface

Forearm / elbow used in a punishing way



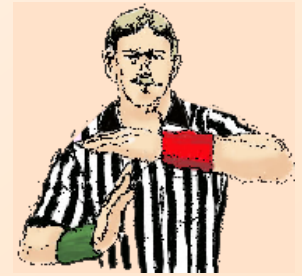


Technical Violations



- Assuming an incorrect starting position
- Grasping clothing, headgear, or mat
- Leaving mat w/o first receiving permission
- Reporting to mat not properly equipped





Technical Violations

Avoiding wrestling or forcing opponent out of bounds (stalling)...

Going out of bounds—"Fleeing"

Interlocking/overlapping around body or legs down on mat with...

Hands

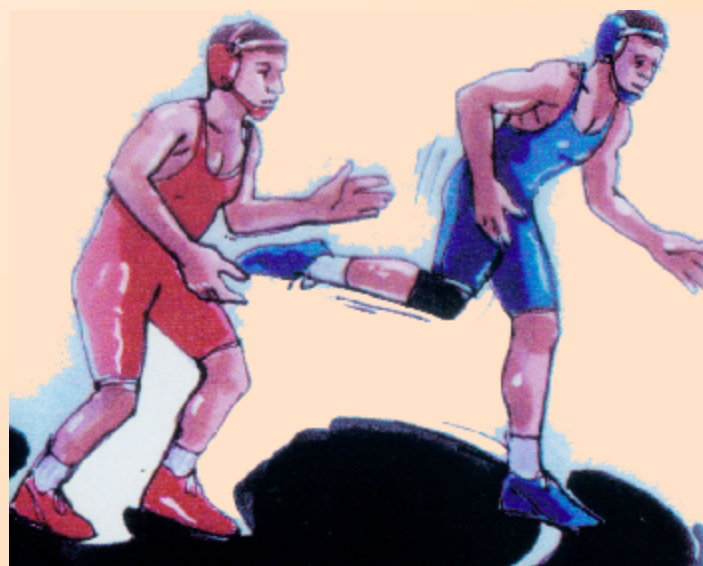
Fingers

Arms





Fleeing



©Long's Graphic Design, Inc. 2002





Potentially Dangerous Holds

Body part forced to limit of range of movement

Caution wrestler against making it illegal

Stop holds which...

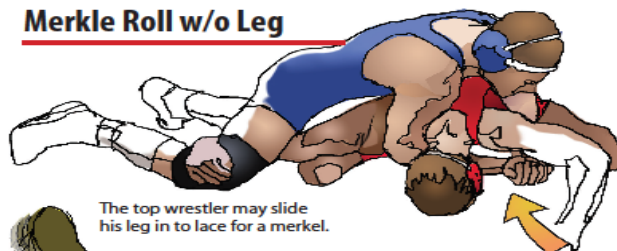
- *Are used for punishment alone*
- *Endanger opponent*





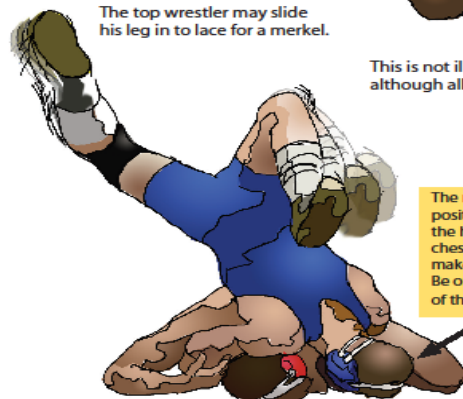
Potentially Dangerous / Throat

Merkle Roll w/o Leg



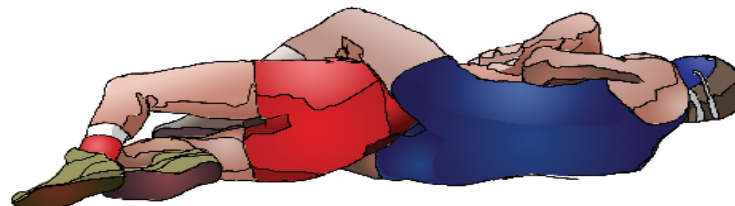
The top wrestler may slide his leg in to lace for a merkel.

This is not illegal or illegal by application, although all headlocks are potentially dangerous.



The referee must be positioned to see the hands locked in the chest or throat area to make the correct call. Be on the bottom side of the situation.

If the top wrestler starts this roll through, watch pressure across the throat. It will certainly become potentially dangerous and/or illegal.

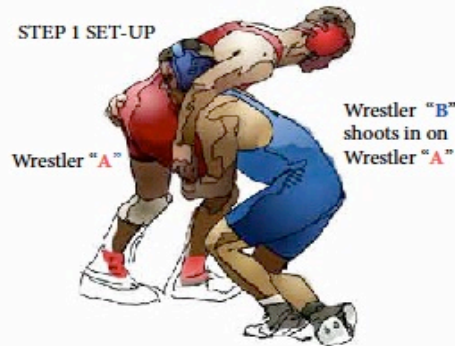




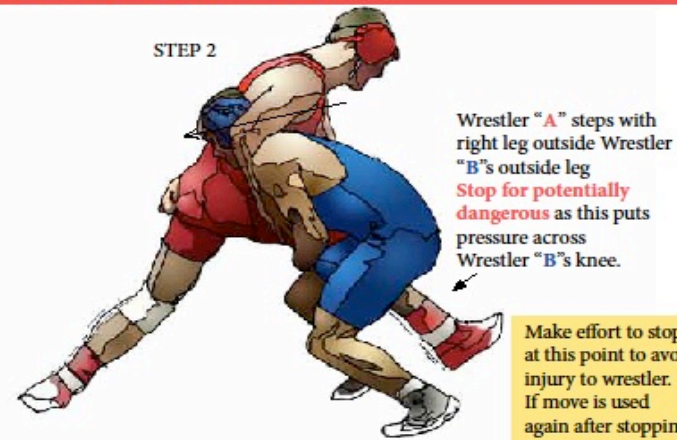
Potentially Dangerous

Head Trap/Knee-Block—Potentially Dangerous

STEP 1 SET-UP

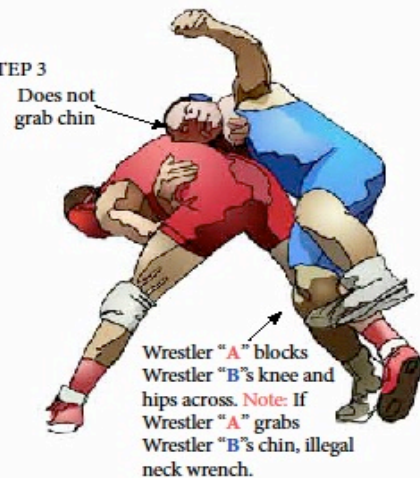


STEP 2

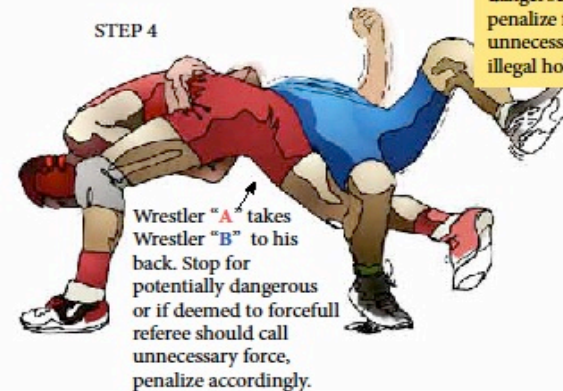


Make effort to stop at this point to avoid injury to wrestler. If move is used again after stopping for potentially dangerous, penalize for unnecessary force/illegal hold.

STEP 3



STEP 4





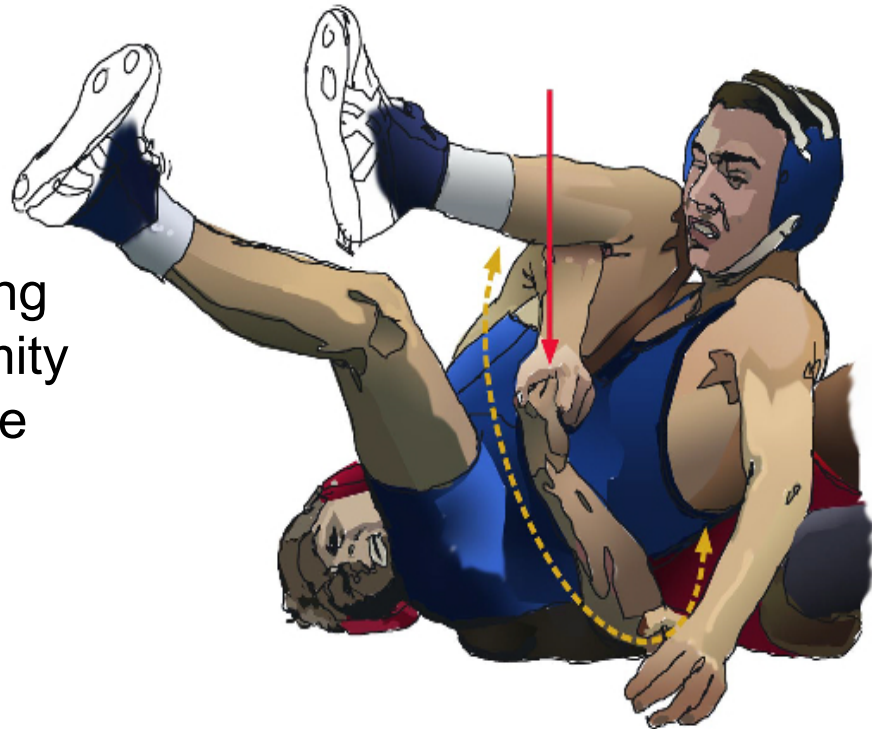
Locked Hands





Locked Hands

It is still clasp-
ing with any extremity
included in the
clasp





West Point Cradle



Technical violation unless
excessive force is used





Potentially Dangerous Holds

Anticipate dangers of holds

Verbally caution w/o interrupting action

Be in position to stop





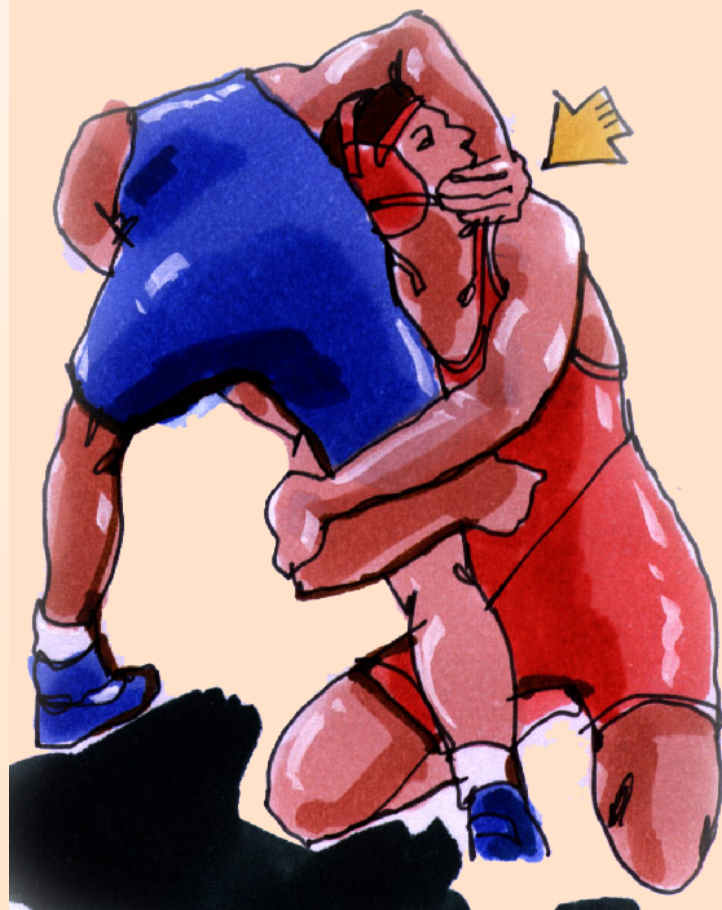
Neck Wrench

It is illegal when the head is twisted on the axis, by rotating the chin



ILLEGAL

Neck Wrench



©Long's Graphic Design, Inc. 2002





Potentially Dangerous Holds

Double wristlock

Split scissors

Guillotine - arm forced endangering wrestler

Chicken wing

Toe holds

All headlocks





Illegal Holds



Slam...

Lifting & returning with unnecessary force
(Unnecessary roughness easier call)

Suplay & straight back salto

Intentional drill or forceful fall back

Pulling back 1, 2, or 3 fingers or a thumb





Illegal Holds



Chicken Wing

Hammer Lock (above 90°)

Twisting Hammer Lock

Front ¼ Nelson with Chin

Side ¾ Choke

Evergreen Headlock

Banana Splits





Illegal Holds



Keylock & Cutback

Any Flip; front, back or over the top

Over scissors

Twisting Knee

Double Armbar from Front
(with head trapped)

Double-knee kick back





Illegal Holds



Figure 4 around body, head or both legs
It is illegal whenever applied by either wrestler.

It is not necessary that the wrestlers be in a controlled position in order for the Figure 4 to be a violation.





Illegal Holds

Foot directly behind
crotch of knee:

Body fig. 4 illegal





Illegal Holds

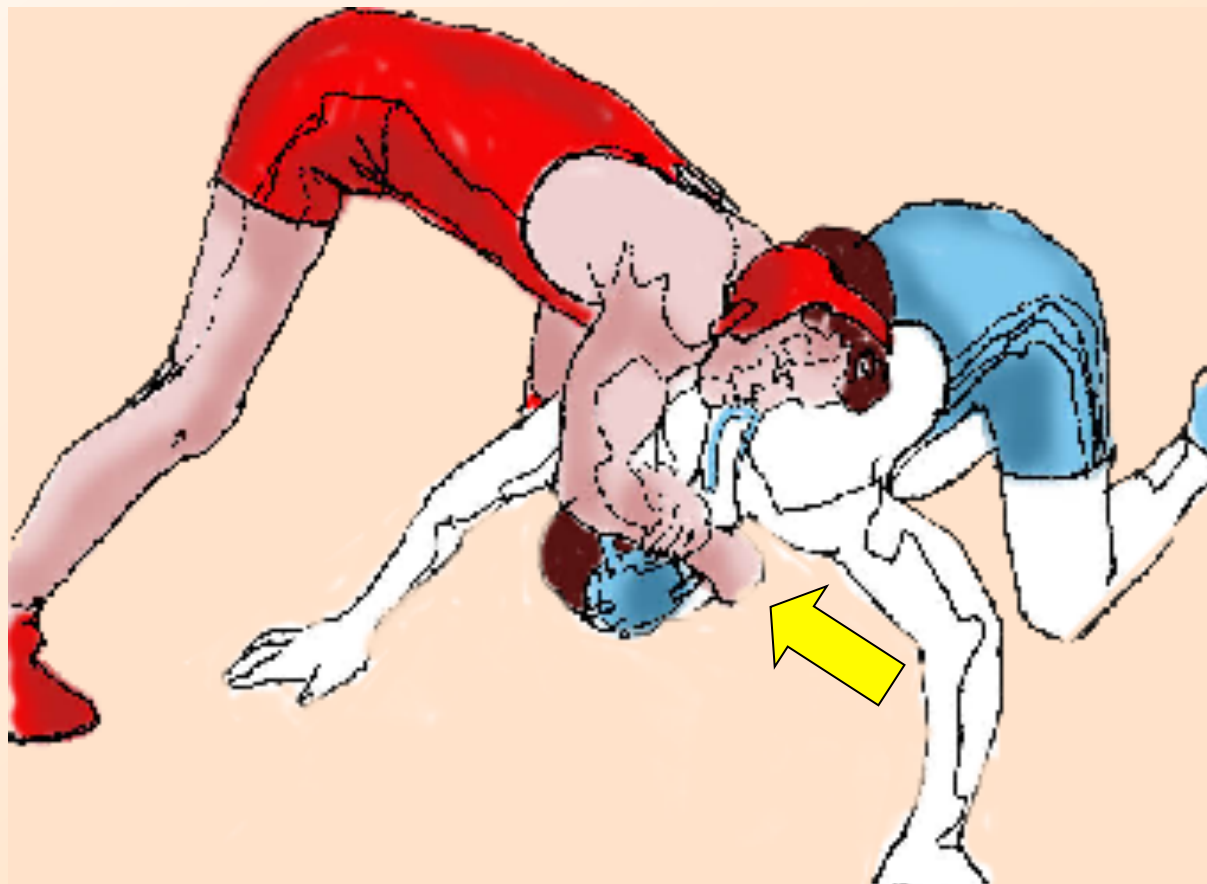
Heel trap ~ Knee fig. 4

Is illegal due to the pressure and stress to the knee, hip and lower back



ILLEGAL

1/4 Nelson w/ Chin

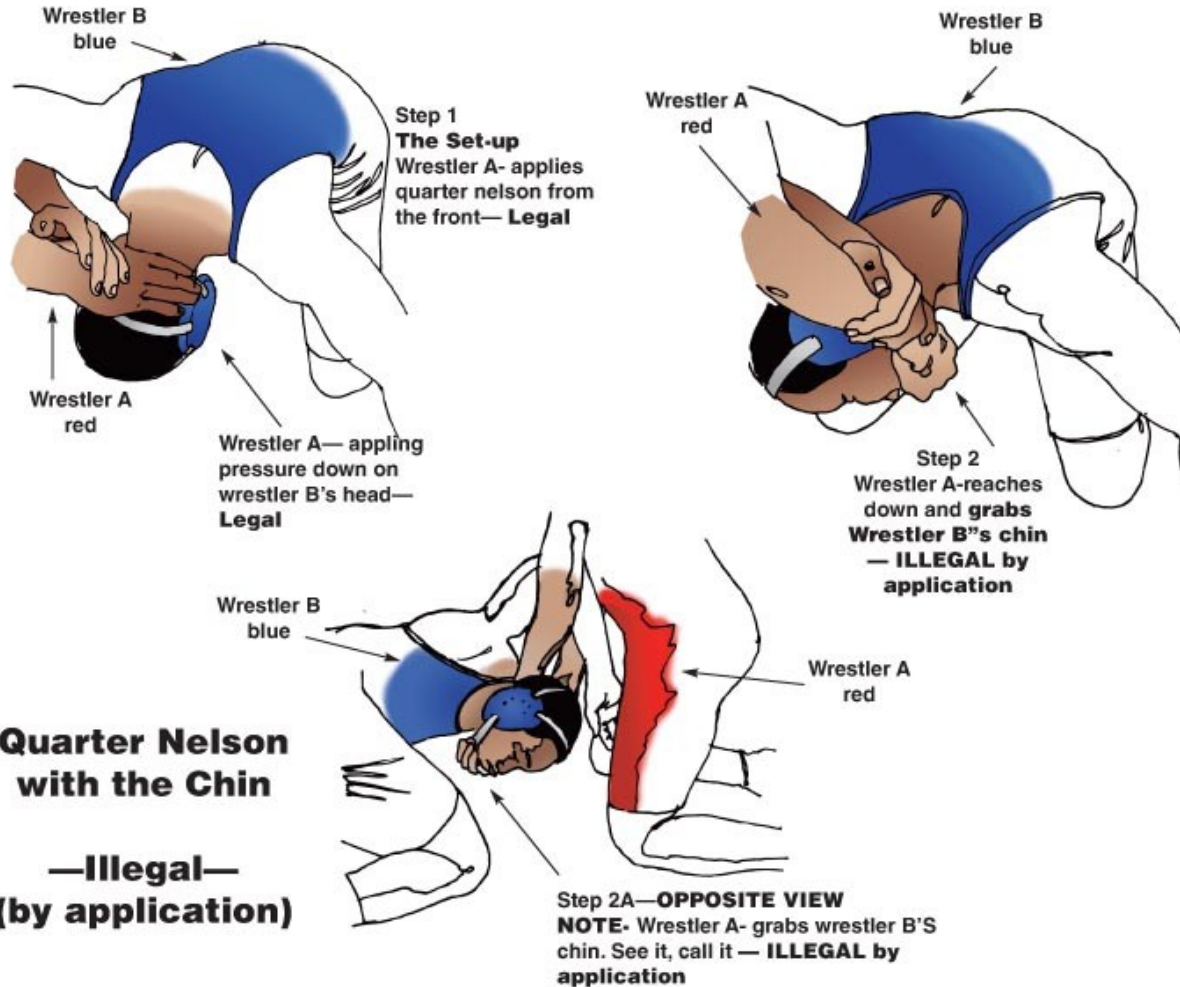


©Long's Graphic Design, Inc. 2002





1/4 Nelson w/ Chin



ILLEGAL

Leg Block / broom stick

Leg block / broom stick / cut
back

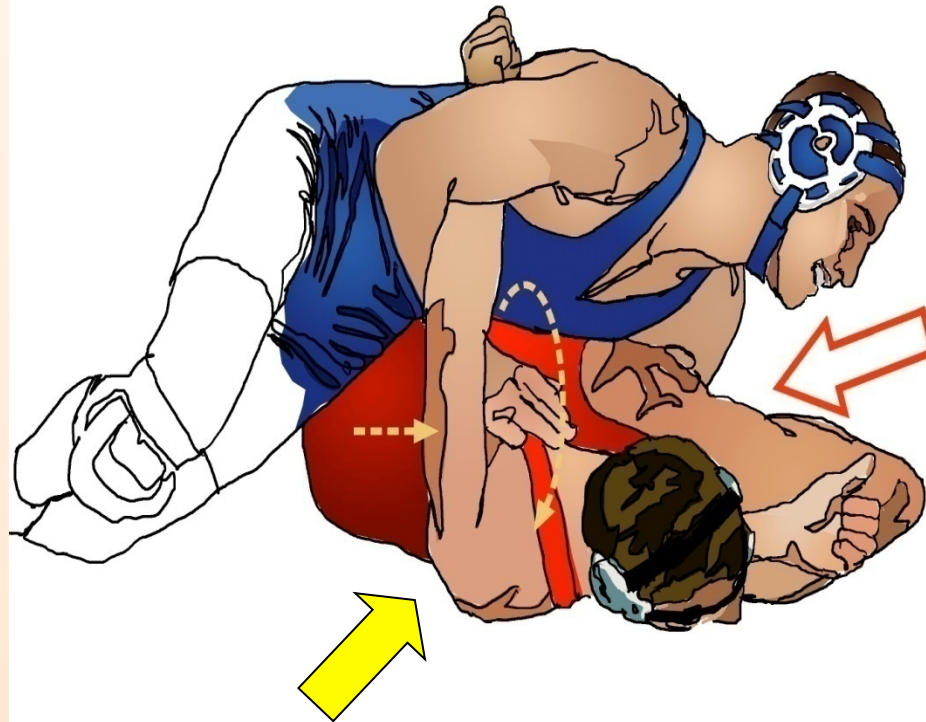


©Long's Graphic Design, Inc. 2002



ILLEGAL

Chicken Wing



©Long's Graphic Design, Inc. 2002

ILLEGAL

Twisting Hammer Lock



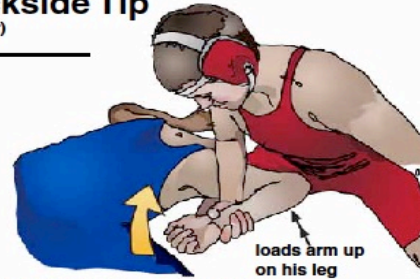
©Long's Graphic Design, Inc. 2002





Twisting Hammer Lock

Blair Backside Tip (Twisting Hammer)



Set-up 1A. Wrestler (a) pulls arm out from under wrestler (b), loads up on his leg,

loads arm up on his leg

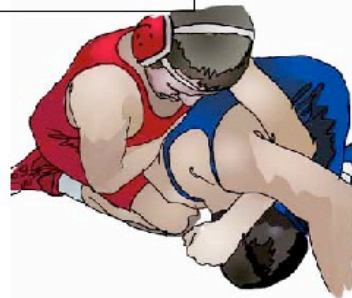
1b. Wrestler (a) reaches across to apply a backside half nelson to wrestler (b)

Stop here as **Potentially Dangerous**—before arm (b) moves up and away from back, (and/or the plain of the back)



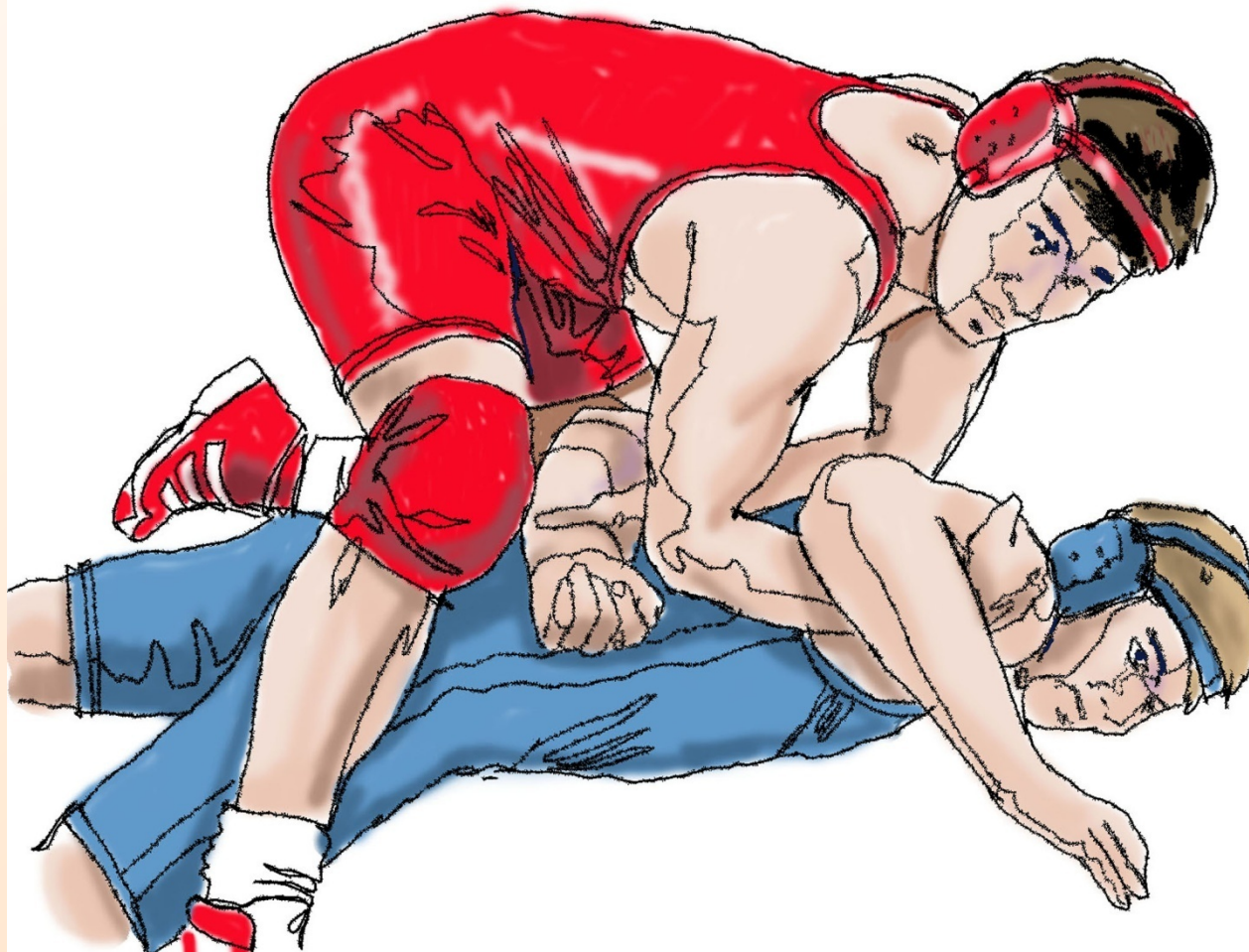
CONCERN! If official is in front as shown, he will most likely miss, the moment that this is Potentially Dangerous and/or an Illegal Hold. Adjust position to see the belly side of wrestler (a).

with wrestler (b)'s arm on leg of (a) and his arm being held in place, wrestler (a) reaches across and backside-halves (b), the captured arm of (b) will move up and away from his back, making it **illegal**.



ILLEGAL

Blair Tilt



©Long's Graphic Design, Inc. 2002



ILLEGAL

Front Double Arm Bar

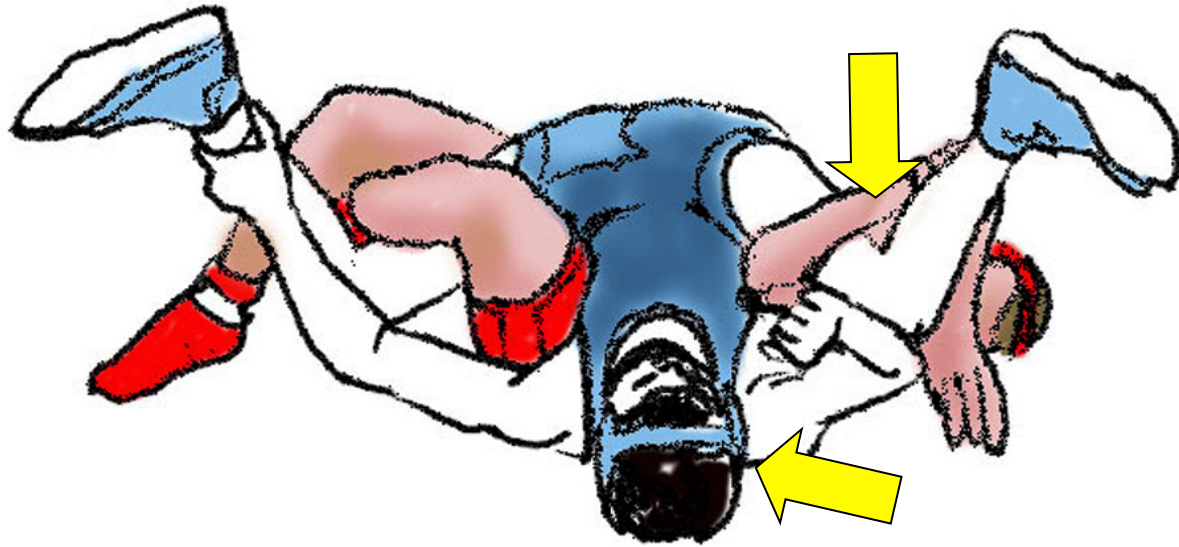
The head is blocked
under the chest



©Long's Graphic Design, Inc. 2002

ILLEGAL

Banana Splits

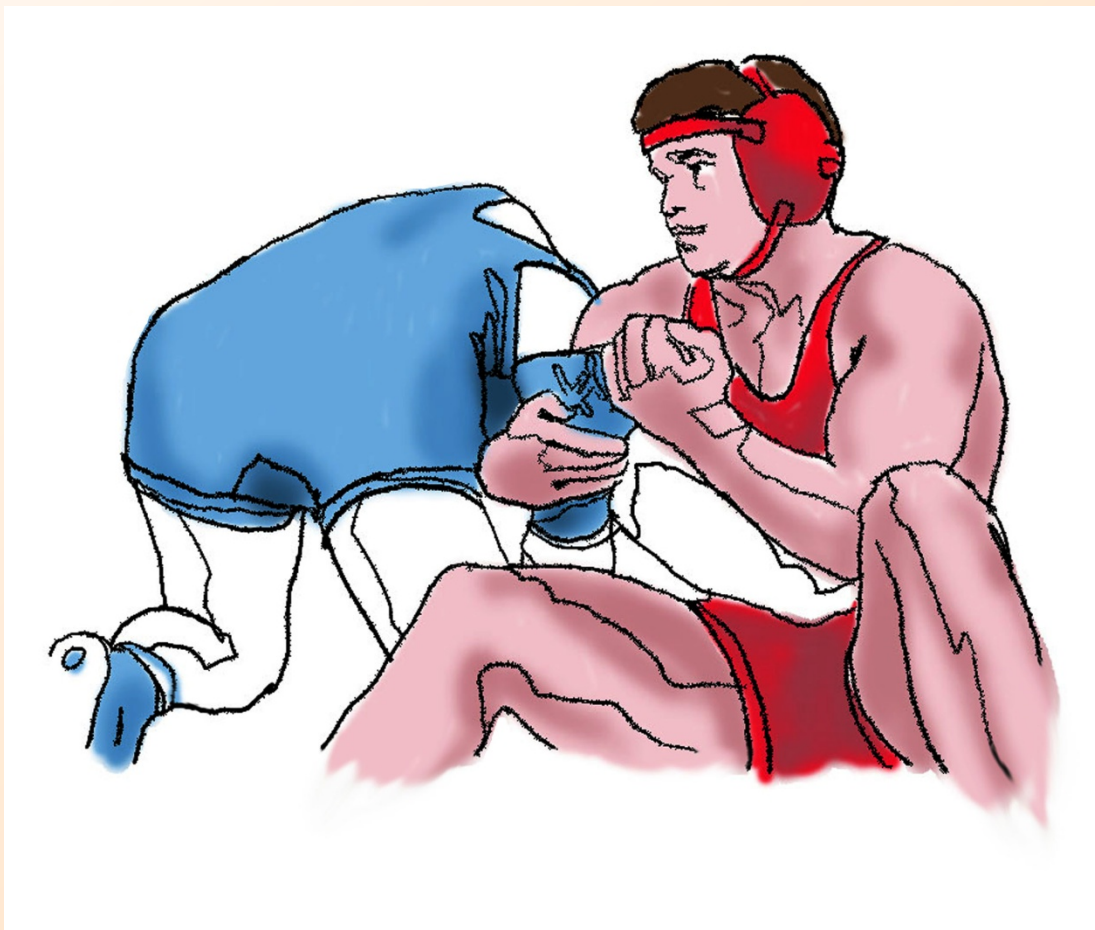


One knee must come toward the ear guard



ILLEGAL

Twisting Knee

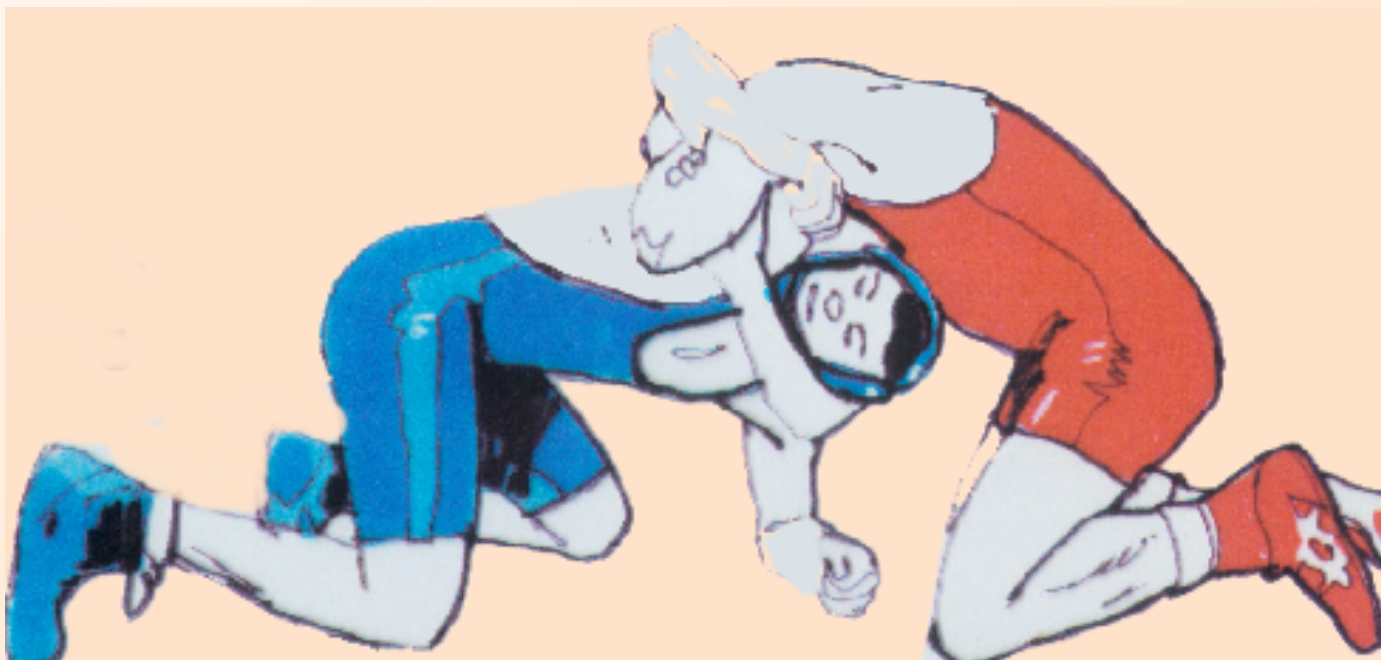


©Long's Graphic Design, Inc. 2002



ILLEGAL

Evergreen



©Long's Graphic Design, Inc. 2002

ILLEGAL



Over-scissors

Do not wait for pressure to be applied ...
stop for potentially dangerous



Inc. 2002

ILLEGAL

Figure 4 on both legs



LEGAL

Figure 4 on one leg

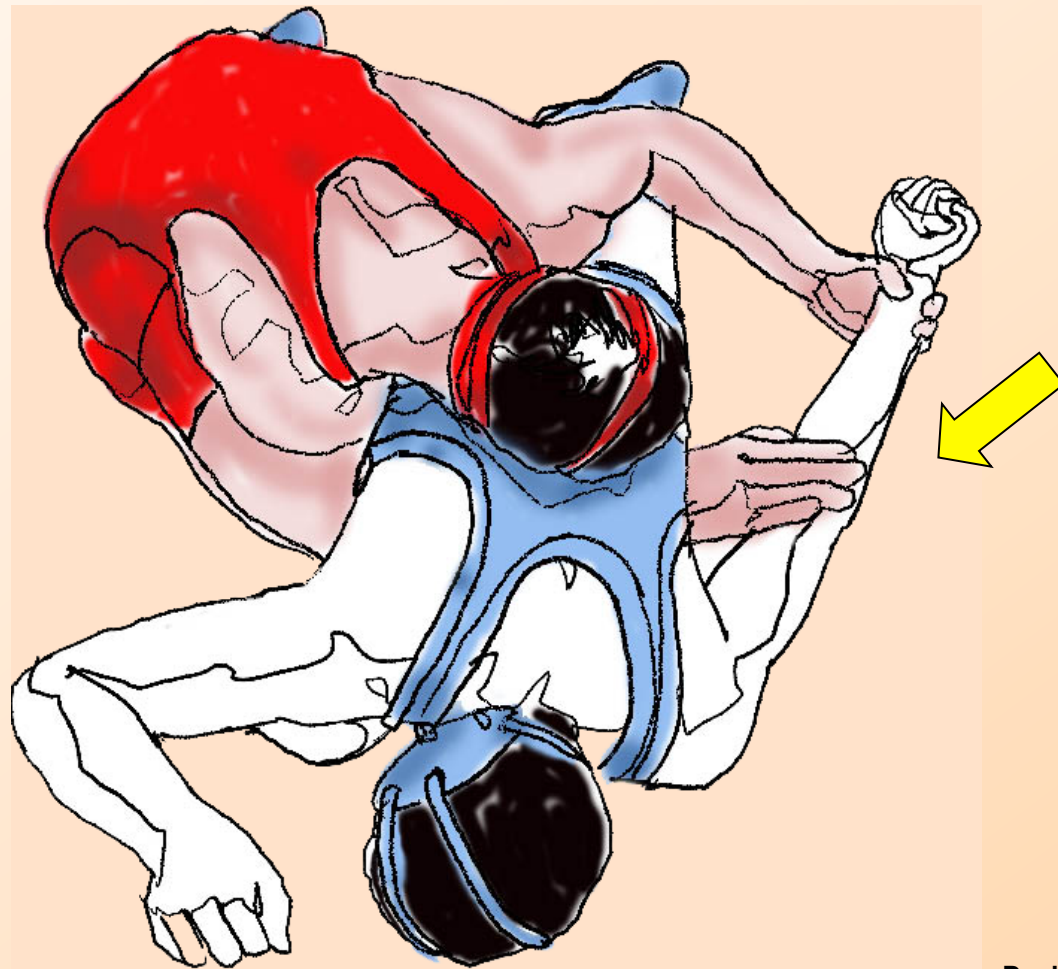


©Long's Graphic Design, Inc. 2002



ILLEGAL

Corkscrew



©Long's Graphic Design, Inc. 2002

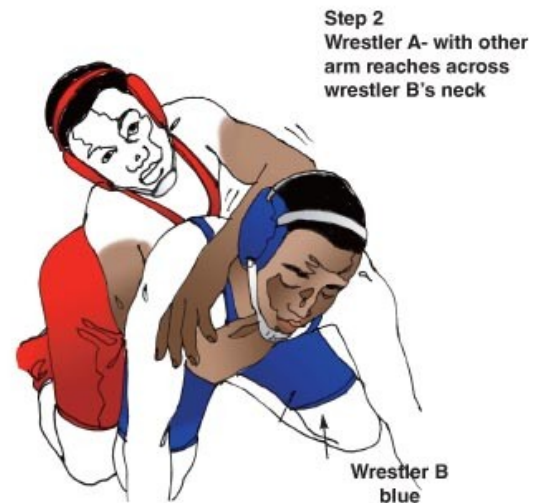




Triangle Choke



**Step 1
The Set-up**
Wrestler A- reaches
under neck and grabs
trap muscle—Legal



Step 2
Wrestler A- with other
arm reaches across
wrestler B's neck



Step 3—The Finish
Wrestler A- grabs his own
wrist/arm with
pressure against both sides of the neck,
pulls wrestler B back toward him

Illegal Triangle

Hold **not** shown in Rule book,
hold being used frequently

Illegal

Pressure can cause extreme pain
to neck — and black out —
Pressure against the carotid artery

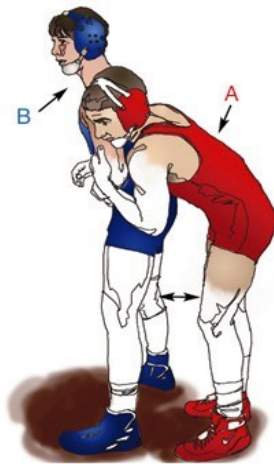




Double-knee kick back

DOUBLE KNEE KICK BACK—ILLEGAL BY APPLICATION

STEP 1. SET-UP



Offensive wrestler (A) creates space to jump up with both knees or feet behind the knees of the standing defensive wrestler (B)

STEP 2. APPLICATION—ILLEGAL

Blow whistle as soon as **Step 2** occurs. Try and prevent injury, (however) it is still an illegal hold, and should be penalized immediately.

ILLEGAL



Wrestler B could sustain injury to knee or ankle due to force and weight of wrestler A.

(Note) the position the offensive wrestler A has achieved).

STEP 3. FINISH



(Note) The rocking back over the ankles can cause injury.

(REMEMBER) No near fall points can be earned if wrestler A takes wrestler B to a tilting position.

POINTS CANNOT BE EARNED BY WRESTLER A WHEN RESULT OF ILLEGAL HOLD.

WRESTLER A (RED)

WRESTLER B (BLUE)





Side 3/4 Choke; Kolat

The KOLAT (SIDE 3/4 NELSON CHOKE- HOLD)

SET-UP—MOVE IN
AND DROP LEVEL



Wrestler "A" on whistle,
drops down, hand
over the head and under
the armpit
of Wrestler "B"

Rule 7-2-2f
7-2-4
Potentially Dangerous

Rule 7-1-5g
7-1-5u
Illegal



Head official should move in and drop
his level and say "keep it legal"

stop for Potentially Dangerous



Wrestler "A" pulls Wrestler "B"'s
head down and toward the knee.
Stop immediately, for ILLEGAL
and penalize accordingly.

